

Meat Loaf with Ground Goat Meat

1 Pound ground goat meat
2 Eggs
1/2 Cup pico de Gallo
1 Small onion, chopped
2 Cups crushed saltine crackers
Chipotle ketchup

(Serves 6)

1. Combine first 5 ingredients in order listed
2. Form mixture into a loaf and place in a baking pan. Bake for 45 minutes at 350F
3. Add 1/4 cup chipotle ketchup on top of the meat loaf and return to oven for 5 minutes. Remove from oven and let stand for 5 minutes before slicing and serving

Chipotle Ketchup

1 Cup of your favorite ketchup
3 Tablespoons canned chipotle in adobo purée
Dash of cinnamon
1 tablespoon honey
Salt and pepper

Combine all ingredients and refrigerate until ready to use. Makes about 1 cup

Pico de Gallo

1 Bunch green onions
1 Small white onion
1 Green pepper, seeds removed
6 Ripe plum tomatoes
1 can diced tomatoes with green chilies
1 Bunch cilantro
2 Tablespoons lime juice
1/2 To 1 teaspoon salt

(Makes about 4 cups)

1. Using food processor, place green onions, white onion and green pepper in bowl and chop
2. Add whole plum tomatoes, canned tomatoes, and cilantro - blend well
3. Stir in lime juice and salt